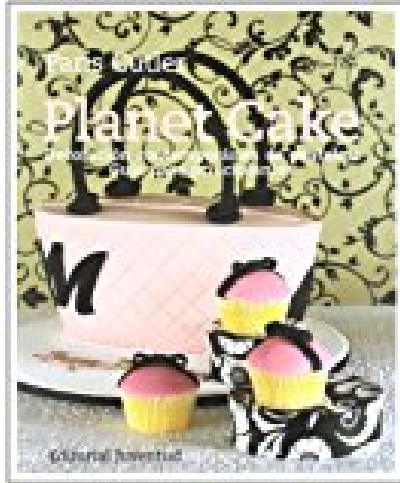


Planet Cake Spanish Edition



BOOK DETAILS

- Author : Paris Cutler
- Pages : 192 Pages
- Publisher : Lectorum Pubns (Adult)
- Language : Spanish
- ISBN : 8426139272

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BOOK SYNOPSIS

Lonely Planet: The worlds leading travel guide publisher Lonely Planet presents Spains most authentic dishes - direct from the kitchens where they were perfected. From family bakers to Michelin-starred chefs, Spains best local cooks share their passion for food and their regions classic recipes - from tapas, pastries and cakes to soup, salads, stews, roasts and fresh seafood dishes. Recipes include: Escalivada - chargrilled vegetable salad Lubina a la Mallorquina - Mallorcan-style sea bream Paella Valenciana - chicken and rabbit paella Cochinillo - suckling pig Lechazo - roast lamb Churros - fried dough sticks with chocolate Pintxos - Basque tapas Fabada Asturiana - Asturian bean stew Gazpacho - chilled tomato soup Tarta de Santiago - St James cake And more! In recent years regional Spanish cuisine has won attention and praise thanks to award-winning restaurants in Catalonia and the Basque Country (some of these restaurants are featured in From the Source Spain). Food in Spain is very closely connected to the countrys regions, with local specialities based on regional ingredients, whether thats seafood, meat or vegetables. As a result, theres no better way of getting to know Spanish culture than through its food (and wine). From the Source Spain is the key that unlocks Spains culinary secrets. With 60 recipes by leading local chefs, it takes us through this fascinating country, rich in history. We travel from Barcelonas fashionable bars for Catalan cooking to the getaway island of Mallorca (home of unique black pigs), then to the central heartlands around Madrid where tasty stews and roast lamb dominate. In the northwest regions of the Basque country, Asturias and Galicia, we discover Spains most adventurous and contemporary cooking, as ambitious chefs conjure up new twists on classic dishes. And in the sun-drenched south of Spain we encounter interesting flavours and reminders of the Moors. Hailed as a future classic, this series of books connects home cooks with the traditions of each countrys regions. There are dishes for every ability, from artful pintxos snacks to simple and filling stews and soups. There is no better way to recapture those travel memories than by exploring this book. Every recipe features an expertly written introduction and amazing and original on-site photography. Meet the chefs, encounter the region and history, see the food, and try the recipe! Also check out: From the Source - Japan From the Source - Italy From the Source - Thailand About Lonely Planet: Started in 1973, Lonely Planet has become the worlds leading travel guide publisher with guidebooks to every destination on the planet, gift and lifestyle books and stationery, as well as an award-winning website, magazines, a suite of mobile and digital travel products, and a dedicated traveller community. Lonely Planets mission is to enable curious travellers to experience the world and to truly get to the heart of the places they find themselves in. TripAdvisor Travelers Choice Awards 2012, 2013, 2014, and 2015 winner in Favorite Travel Guide category Lonely Planet guides are, quite simply, like no other. - New York Times Lonely Planet. Its on everyones bookshelves; its in every travellers hands. Its on mobile phones. Its on the Internet. Its everywhere, and its telling entire generations of people how to travel the world. - Fairfax Media (Australia)

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